

Mission: To facilitate healthy aging by providing leadership and encouraging collaboration in creating age-friendly places (communities) that optimize the ability of all older Manitobans to do the things they feel are important.



# We love to visit our communities!

Our consultants have been visiting grant recipients to deliver checks. We are thrilled about the positive developments taking place in our Age-Friendly communities!

We are proud to share and acknowledge the following municipalities in receiving Milestone Recognition and/or the Community Collaboration Grant (CC Grant) ......

## **Argyle - Milestone Recognition**



Age Friendly Manitoba consultant Don Fletcher (centre of photo) presented a cheque and certificate to RM of Argyle Councillor Alan Skardal and Recreation Director Colleen Vanwynsberghe, along with members of the RM of Argyle Age-Friendly committee. *Photo by Suzanne Paddock* 

## Cartwright - Roblin - CC Grant



Darwin Robertson - Municipal Councillor; Tom Mowbray - Vice Chair, Cartwright Roblin Community Development; Carolyn Schram - Chair, Cartwright & Area Foundation; Pam Enns - Senior Services Coordinator; April Archambault - Community Development Officer; Linda Brown, Age Friendly Manitoba

The Cartwright-Roblin Municipality applied for the Community collaboration grant to improve age-friendly communication within their Municipality by installing two bulletin boards and upgrading an electronic sign.

recognitions continued on page 2

Week of Awareness - May 5 - 11, 2024



**f** <u>LetNoOneBeAlone</u>

Reaching out to those who are lonely is paramount in fostering a sense of belonging and connection within our communities. Loneliness can have profound effects on one's mental and emotional well-being, often leading to feelings of despair. By extending a hand of friendship or simply offering a listening ear, we not only alleviate the burden of loneliness for others but also create a network of support and understanding. In these moments of connection, individuals rediscover their sense of worth, and realize that they are not alone in their struggles. The act of reaching out becomes a powerful tool in building stronger, more compassionate communities where everyone feels valued and included.

#### **Emerson-Franklin - CC Grant**



Tammy Anstett - Sturgeon Foundation, Reeve Dave Carlson, Lisa Tinley - AF Consultant

Emerson Franklin was awarded a Community Collaboration grant to further develop two pre-existing community parks on the main streets of Emerson and Dominion City through a combination of custom public furniture installations and landscaping. Both greenspaces are near senior housing and facilities and are centrally located and utilized by all ages in the community.

#### **Prairie Lakes - Milestone & CC Grant!**



Several members of the RM of Prairie Lakes Age-Friendly committee were on hand when Age Friendly Manitoba consultant Don Fletcher (centre of photo) presented a cheque and certificate to Myra Jonsson. (far right) Senior Independent Services Community Resource Coordinator. Photo by Suzanne Paddock

Prairie Lakes attained Milestone Recognition as well as securing the AF Community Collaboration grant. They will be using their grant to build a lift (to a 2nd story level) to assist people to better access their Community Center and Community Hall.

#### Russell-Binscarth - Milestone & CC Grant



Front Row (L to R) - Darlene Armstrong and Toon Cozens - Russell Binscarth AF Committee; Back Row (L to R) - Amy Anderson Tweet -Assiniboine Valley Recreation Director/AF Committee; Marg Fraser -Chair, Russell Binscarth AF Committee: Esther Baseley - Deputy Mayor, Municipality of Russell Binscarth and Russell Binscarth AF; Linda Brown - MASC AF Consultant; Linda Charron - Binscarth Lions Club; Mackenzie Olynyk - Gambler First Nation

Russell-Binscarth Age Friendly Community Committee along with partners - Binscarth Vision 20/20, Binscarth Lions, Russell Lions, and Gambler First Nation received a Community Collaboration Grant of \$10,000 and a Milestone Recognition grant for \$2,500 to improve the walking paths and downtown areas by adding concrete benches, tables and a concrete fire pit strategically along the paths at the Binscarth slide and library. A large public bulletin board will also be added outside the Russell Multiplex.



WEAAD involves activities to bring greater recognition of mistreatment of older adults wherever they live throughout the world, and to highlight the need for appropriate action. It is intended to give abuse and neglect of older adults a global relevance that will sustain and move prevention efforts forward throughout the year and for years to come.





## Our consultants are ready to work with you!

Connect with Connie Newman at (204) 792-5838 or info@manitobaseniorcommunities.ca and hello@agefriendlymanitoba.com or visit our website: www.agefriendlymanitoba.com





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