

Mission: To facilitate healthy aging by providing leadership and encouraging collaboration in creating age-friendly places (communities) that optimize the ability of all older Manitobans to do the things they feel are important.



DOES YOUR COMMUNITY HAVE A STORY TO SHARE?

Sharing Experiences to Build Age-Friendly Communities....

Research has shown that sharing experiences can help communities become more age-friendly. It is important for communities to have opportunities to connect with one another, share ideas and successes, and learn from each other. We believe that there are valuable and unique stories out there that need to be celebrated and shared.

We understand that writing a story can be challenging, which is why we are thrilled to announce that we have contracted with a skilled writer, Lori Hunter, to assist you in bringing your story to life. By connecting with Connie Newman, we can provide Lisa with your contact information and get started on your story!



What Will Happen to Your Story?

Your story will be a valuable addition to our resources for showcasing age-friendly communities. In addition to receiving a final copy for your own use, your story may also appear on our website, in our monthly AF Newsletter, be shared by one of our Age-Friendly Resource Team members, or even be featured in select publications. We will always credit your community whenever we use your story.

Let's celebrate your community and share your story with others! Connect with us today!!



Community Collaboration Grant Deadline Approaching!

If your municipality is interested in applying for a Community Collaboration Grant of up to \$10,000, then you have until **December 3rd** to submit your application. Don't miss out on this great opportunity!

The Community Collaboration Grant provides funding for Age Friendly municipalities to collaborate with community organizations on projects that address important local issues. These projects can range from improving public spaces to creating educational programs for underserved populations.

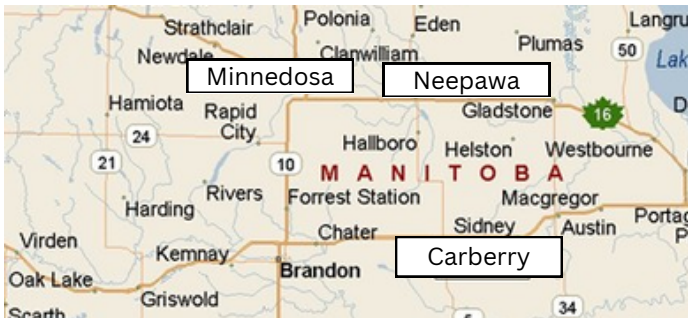
By working together, municipalities and community organizations can make a significant positive impact on their communities. So, if you have an idea for a project that could benefit from this grant, please submit your application before the deadline.

*Note if you are having trouble submitting your grant application to the email provided on the form, please submit to ccnewman@shaw.ca.

While it is wise to learn from
experience, it is wiser to learn
from the experiences of others.

Rick Warren

STUDENT CITY PLANNERS ARE WORKING IN OUR PROVINCE!!



City planning students from the University of Manitoba are working with three towns, Carberry, Minnedosa and Neepawa in the Fall term. They are assessing how age-friendly the communities are, and are working towards options that the municipalities might consider to improve the quality of life for older adults.

The University's Department of City Planning, has run this project numerous times over the last decade under the supervision of Associate Professor Richard Milgrom, working with towns as small as a few hundred people (e.g. Arborg, Tyndall/Garson) and centres as large as Brandon. Students are engaged through a "studio" class, that focusses on project-based learning. Over the course of the term, the students conduct analysis through census data, mapping and observations. Most importantly, they meet with older adults (through seniors' centres and programs) and decision-makers to understand local perspectives about the communities' strengths, and the challenges that they face in their everyday lives.

The term is divided into three phases of work – analysis, research, and visions.

In September and early October, groups of three to six students visited the towns and conducted analysis about the age-friendly features of each community. They also identified areas that might be improved. This work was documented in a series of posters that the students presented to community members for feedback. While the students look at the whole town and its regional connections, they focus on 4 areas : housing; transportation; buildings and opens spaces; and social participation. This work is based the framework provided in the World Health Organization's 2007 publication, Age-Friendly Cities: a guide.

During October, the students conducted individual research to find precedent that show how other communities (mostly in North America) have worked to improve the quality of life for aging residents.

And finally, in November and December, based on analysis and precedents, the students will be developing suggestions that the communities may like to consider for their future plans and for services that might be offered. While the groups are all working independently, they will also be thinking about collective strategies that might be advanced at regional and provincial level (e.g. improvements to rural transportation).

The groups plan to make presentations in the three communities in the first two weeks of December.



ANALYSIS



RESEARCH



VISION



Our consultants are ready to work with you!

Connect with Connie Newman at (204) 792-5838 or info@manitobaseniorcommunities.ca and hello@agefriendlymanitoba.com or visit our website: www.agefriendlymanitoba.com



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